

American Hazelnut

Corylus americana

-Are you nuts about nuts? If so, beat the critters to these and you will be in for a nice treat. The nuts are comparable to the expensive imported hazelnuts and filberts.

-The American Hazelnut is often found in the under story of many of the shoreland ecosystems of Wisconsin. It does not want to be kept totally in the dark, but it can tolerate a little bit of shade. Therefore, shoreland environments are just wonderful for this extremely important source of food for wildlife.

-So what makes Hazelnuts so prized by wildlife? Check this out, the nut of a Hazelnut is 25% protein, 60% fat, and 15% carbohydrates. No wonder squirrels and other animals are so quick to snatch them up. Consequently, squirrels do not adhere to the Atkins' Diet.



In all things of Nature there is something of the marvelous.

-Aristotle (384-322 BCE)