

Common Arrowhead

Sagittaria latifolia

- Common Arrowhead usually produces leaves that are true to its namesake.
- The leaves of Common Arrowhead emerge in a cluster from tuber-tipped rhizomes.
- Common Arrowhead is often found in the shallow water of lakes, ponds, streams, and marshes. It is usually found in water only ankle deep, but will sometimes grow in water about 3 feet deep. It can grow in a variety of sediment types.
- Common arrowhead is one of the highest value aquatic plants for wildlife. Waterfowl depend on the high-energy tubers during migration and the seeds are also consumed by a wide variety of ducks, geese, marsh birds, and shorebirds. Muskrats, beavers, and porcupines are known to eat both tubers and leaves. Common Arrowhead beds offer shade and shelter for young fish.



Hope and the future for me are not in lawns and cultivated fields, not in towns and cities, but in the impervious and quaking swamps.
-Henry David Thoreau, 1851